5 Warnings Signs of Alzheimer's Disease

Recognizing early warning signs of Alzheimer's is crucial for timely intervention and management. Early detection can lead to treatments that may slow progression and improve quality of life. Moreover, it allows individuals and their families to make informed decisions and prepare for future care needs.









The Monarch Senior Living aims to provide the information and resources your family needs to move forward with confidence. Here are five warning signs of memory impairment to be aware of in someone you love:

1. **Memory Loss,** such as forgetting names, dates, and conversations, as well as difficulty finding an item or remembering where it was placed.
2. **Disorientation**, or losing track of dates and seasons, or even becoming confused about one's location.
3. **Challenges in Performing Familiar Tasks,** such as an inability to complete routine activities such as cooking, driving, or managing finances.
4. **Communication Problems,** or having trouble finding the right words, following conversations, or understanding written and spoken language.
5. **Changes in Mood and Personality,** including (but not limited to) sudden aggressiveness, depression, irritability, or even apathy for activities that were once pleasant.

If you notice these or similar signs in someone you love, it's important to speak to a healthcare professional to receive a proper diagnosis and treatment options.

You don't have to navigate Alzheimer's alone. Our team at The Monarch is always available to answer any questions and support you on this journey. Contact us today.